

Meet Our Admin Reception Team!



**Administration
Manager**

Nicole Lucas



**Admin Support
Officer**

Sandra Walker



**Admin Support
Officer**

Elise Carson

As our admin team has seen some recent changes, we thought it was about time that we introduced ourselves. Feel free to drop in at our main office, Shop 6 58 Hesse Street and say hello!

Our friendly team provides a wide range of admin services. We will meet and greet you when visiting the CODA office, answer incoming calls, manage inwards and outbound correspondence and relay all inquiries to the appropriate staff member/s.

From time to time you may also come across Matthew Clark who covers for us in times of absence.

Melbourne Sea Life Aquarium

On Saturday the 22nd of April a group of clients made the journey to Melbourne for a fun day out exploring the city and visiting the Sea Life Aquarium.

They adventured over to Southbank's Crown Plaza to have lunch and had a quick browse of some of the magnificent stores first before heading to the main event of the day, the Aquarium. Everyone was extremely excited to see everything, from the colourful fish to the sharks and turtles, the aquarium had a sea creature for everyone's liking. The aquarium was busy with crowds of people so when they were ready to escape the chaos, they found little spaces where you could admire the views. A couple of the crew attended the Jelly-fish encounter and enjoyed telling the rest of the group what they had learnt about them. Everyone had an amazing day out full of new experiences.



Group Day Activities, Holidays and Day Outings Updates

Group Day Activities are expanding, we currently have spots available in our Tuesday Art Program from 9am to 12.30pm.

We are looking at starting a sewing/textile group if anyone is interested, if so please feel free to contact me, Corina at LEAP.

Our Children's Holiday Program starts on 26th June, bookings and payments are required ASAP.

We are looking forward to adventuring to Comic Con on Saturday, the 10th of June.

For any further details of upcoming outings, please refer to the Calendars at the back of the newsletter.

Kicking Goals!

Our Individual day program clients continue to all work hard to achieve their goals.

This month we would like to recognise Caetlin who has been working super hard to achieve her goals. After reaching her goals at the LEAP Shop, Caetlin has been working as a volunteer at the Murray Street Market a couple of afternoons each week.

Caetlin has now begun making and selling her own cards at the Murray Street Market.

Come on in and check them out!



LEAP Shop Update

The LEAP Shop has been running a big school holiday sale that has seen us successfully move lots of clothing. All clothing was down to \$1 or \$2 across the store—what a bargain!

Like us on Facebook at ' LEAP – Learn, Engage, Achieve, Participate ' to make sure you don't miss out on the next super sale!

We continue to support those to achieve the goal of skill building, socialisation - engaging, participation - team work, learning all things new. Our team is forever growing as new clients approach us to join the fun.

The community of Colac is a huge support for the LEAP shop from purchasing CODA crafts, donations of clothing and bric-a-brac items plus so much more! The clients love to offer customer service and have a chat with the customers' when they come in.

- Corina, The LEAP Shop Manager.

Recipe for Cheese & Bacon Cobb Loaf

Ingredients

- 500g cob loaf
- 1 tbsp olive oil
- 1 small onion, finely chopped
- 200g shortcut bacon rashers, diced
- 2 tbsp chopped chives, plus extra to serve
- 250g block cream cheese, softened
- 2/3 cup (160ml) cream
- 2/3 cup Light Sour Cream
- 1 1/2 cups grated cheddar

If you would like to submit a joke, recipe or story for the newsletter, please email coda@coda.org.au or let your supervisor or support-worker know.

Method

Step 1

- Preheat oven to 180C/160C fan-forced
- Line a large baking tray with baking paper.
- Cut off top of cob loaf to form lid. Scoop bread from center of loaf, leaving 1.5cm edge. Tear or roughly chop bread pieces.

Step 2

- Heat oil in a large frying pan over medium heat. Add onion and bacon. Cook, stirring, for 5 minutes or until bacon is browned and onion has softened. Remove from heat.
 - Add chives to bacon mixture. Stir in creamed cheese. Mix until combined. Add cream, sour cream and grated cheese.
- Season with salt and pepper.
- Spoon mixture into loaf. Arrange lid, bread pieces and sliced baguette in a single layer around loaf.
 - Bake for 20 minutes or until lightly toasted. Serve warm, enjoy!



The joke of the day!

What did one autumn leaf say to the other?



Privacy

Are you happy with how CODA is keeping your information private?

If you have any concerns please contact your supervisor, Cluster Manager or CEO.



LEAP COLLECTIVE

GROUP OUTINGS JULY – DEC 2023

This is a calendar of activities that have been planned for anyone interested in attending.

Activities & dates may need to be changed based due to unforeseen circumstances e.g. weather, illness, cost changes.

Date & time	Location	Cost Travel will be added to support record	Payment due To be paid min 2 weeks before outing.	Notes Changes due to extreme weather, ratios, what to bring where to meet etc.
June 10 th 8am - 6pm	COMIC CON Melbourne	Lunch: BYO or BUY Entry: \$45 Travel: CODA BUS	ASAP	The staff entry cost will be added to the cost and divided equally between attendees unless people have Companion cards
15 th July 2pm – 9pm	Winter Wonderland Sovereign Hill Ballarat	Dinner: BYO or BUY Entry: \$53.50 Travel: CODA BUS	1.7.23	<ul style="list-style-type: none"> • Leave Colac at 2pm, arrive around 3.30pm. • Arriving back in Colac at 8.30 - 9pm. • Winter Wonder lights from 5pm – 7pm dinner before leaving.
12 th August 7.30am – 8pm	Docklands Archie Brothers, 440 Docklands Drive, Docklands.	Lunch: BYO or BUY Entry: \$45 Travel: CODA BUS – 210km & FERRY \$34 return fare	29.7.23	<ul style="list-style-type: none"> • Leaving Colac at 7.30am Ferry leaves Portarlington at 9am. • Ferry back at 6.30pm to Portarlington arriving at 7.40pm. • Arrive Colac by 9pm. <p>Included in price - 2 hours circus access which consists of arcade games, bumper cars, thriller ride, 1hour bowling, 20 mins laser tag.</p>

LEAP COLLECTIVE

GROUP OUTINGS JULY – DEC 2023

Date & time	Location	Cost Travel will be added to support record	Payment due To be paid min 2 weeks before outing.	Notes Changes due to extreme weather, ratios, what to bring where to meet etc.
9 th September 10am – 4pm	Otway Fly Tree Top Walk	Lunch: BYO Entry: \$24.80 Travel: CODA Bus – 92.8km	26.8.23	<ul style="list-style-type: none"> • Leave Colac at 10am. • Arrive back to Colac at 4pm. • Walk among the Otway's tree tops, have a picnic lunch • Arrive back in Colac by 4pm
14 th October 8.30am 6pm	Melbourne Zoo	Lunch: BYO or BUY Entry: \$31.50 Travel: CODA BUS – 308km	30.9.23	<ul style="list-style-type: none"> • Leave Colac by 8.30 am • Arrive back in Colac by 6pm. • Social story available
11 th November 10am – 4pm	Horse riding Camperdown Equine Therapy center	Lunch: BYO Entry: \$ Travel: CODA BUS – 139km	28.10.23	Details to be confirmed
December	Christmas Carols Geelong	Lunch: BYO or BUY Entry: Travel: CODA BUS –		Details to be confirmed

There is a need to pre-purchase tickets to ensure we do not arrive at an event and tickets have been sold out, all ticket money is to be paid by the advised date to guarantee your place.

Please ensure you apply sunscreen before pick up and bring sunscreen with you for re application and a water bottle.

A current companion card is beneficial as without it there may be times Support Worker entry will be required to be purchased by you. We can assist you to apply for a companion card if needed, please feel free to ask for an application.

The LEAP Supervisor will advise you & your supports re changes in support ratio and or costs as soon as possible to allow for alternative

Holiday Activities- CODA Youth services team

Expression of Interest – June/July – All ages

WEEK ONE

Date	Activity	Travel	Comments
Monday 26/6/23 10am until 2pm	LEAP program space sensory play and bush craft.	N/A	Outing to Botanic Gardens to collect items for bush craft. Bring your own lunch for a picnic in the gardens.
Wednesday 28/6/23 10am until 2 pm	LEAP program space - Cooking and decorating cupcakes. In house movie and popcorn.	N/A	\$15 cooking contribution.
Thursday 29/6/23 9am until 3pm	Become a Junior Ranger and explore Serendip Sanctuary – Free entry. Social story and booklets provided.	YES 194.2km	Bring your own lunch for a picnic. Transport shared between attendees.

WEEK TWO

Date	Activity	Travel	Comments
Monday 3/7/23	Otway Treetops walk – Discover the enchanted forest, featuring fairies' dragons and more. Booklet included.	YES 92.8km	\$27.50 adult 16 \$21.50 child 3-15 Bring your own lunch. Transport shared between attendees.
Wednesday 5/7/23 10am until 2pm	LEAP program space Mix and Match monsters, Library fun, Costume cat walk!	N/A	\$10 Craft activity. Bring your own lunch.
Thursday 6/7/23	Science works – Special lighting room and planetarium show and more! Entry and transport – Social story.	YES 288km	\$7.50 per person Card facilities only

The cost is worked out from the number of kilometers x \$0.80 per km by car, or \$1.20 per km via bus divided equally by number of clients in vehicle.

This can be claimed via your NDIS package if CODA has transport on your service agreement or you can pay privately via invoice from CODA after attendance.

Bookings and full payment for holiday programs to the Hesse Street office are required ASAP. Full payment is required for us to book tickets in advance so we don't miss out.

A confirmation letter of the booking will be emailed to you. This will include pick up and drop off details for the activities outside of Colac, and staff ratios etc.

- Corina and the LEAP Collective team.

